

3.21
**ROCK
YOUR
SOCKS**
FOR WORLD
DOWN SYNDROME
DAY
#ROCKYOURSOCKS



Our school will be celebrating World Down Syndrome Day on **Thursday, March 21**. Wear your most colorful, spunky socks in celebration of people with Down syndrome and the many ways that they make our world brighter. People all around the world will be celebrating with you!

Why rock your socks on 3.21? Down syndrome (or Trisomy 21) means that there are 3 copies (instead of 2) of the 21st chromosome which is why we celebrate on 3.21. Usually people have 46, but kids with Down syndrome have one extra, they have 47. Down syndrome can affect how a person looks, speaks and how he or she learns in school. Students with Down syndrome may need extra time to do their work or have helpers, but they can learn the same skills as their classmates.

When you get to know people with Down syndrome, you will find that they are more like you than they are different! They play on sports teams, are artistic, play instruments and join clubs at school. They want to have fun and make new friends, just like all kids do.

Today as you look **DOWN** at your feet and see the **DIFFERENT** socks, remember that we are **ALL** different and that different is a **GOOD** thing to **CELEBRATE!**

Thanks for participating in this worldwide celebration!



Post your pictures of your silly socks on social media and tag **#CMDSSWSD2019**

For more information on how to support our local Down Syndrome Society, visit www.cmdss.org



*Central Mississippi
Down Syndrome Society*